

JULY 1st 2010

AEROBICS & FITNESS

Page No	Sub Category	Product Title	Size/Colour	Product Code	Price (Ex VAT)
6	Exercise Cycles	Johnson Matrix 3 Series Upright Cycle		JC7000	£1,939.20
6	Exercise Cycles	Johnson Matrix 3 Recumbent Cycle		JR7000	£2,170.00
6	Rowing Machines	Johnson Air JW7000		JW7000	£915.50
6	Rowing Machines	Concept Range		AA0600101	£1,819.20
6	Steppers	Johnson Matrix 3 Series J7000		JSW7000	£2,622.00
7	Treadmills	Johnson Matrix 3 Series Low Impact treadmill		JET600	£4,425.50
7	Treadmills	Johnson Matrix 3E Series Low Impact treadmill		JET700	£5,125.80
7	Elliptical Trainers	Johnson E7000n elliptical Trainer		JE7000	£2,019.60
7	Gym Equipment	Original Ab Trainer		ABT	£95.00
7	Gym Equipment	Balance dome		P006	£20.00
7	Gym Equipment	Gymnastic Ball	55cm	P003	£17.10
7	Gym Equipment	Gymnastic Ball	65cm	P004	£20.70
7	Gym Equipment	Gymnastic Ball	75cm	P005	£23.30
8	Body Bars	Body Bars	3kg (8lb)	RBB8	£13.70
8	Body Bars	Body Bars	4kg (10lb)	RBB10	£17.90
8	Body Bars	Body Bars	5kg (12lb)	RBB12	£21.90
8	Body Bars	Body Bars	6kg (14lb)	RBB14	£25.20
8	Body Bars	Body Bars	7kg (16lb)	RBB16	£27.80
8	Body Bars	Body Bars storage rack		RBBSR	£158.00
8	Aerobic Steps	Reebok step		STEP	£106.60
8	Aerobic weights	Mini Handweights	2 x 8oz	MHW1	£11.40
8	Aerobic weights	Mini Handweights	2 x 12oz	MHW2	£13.30
8	Aerobic weights	Mini Handweights	2 x 1lb	MHW3	£15.20
8	Aerobic weights	Mini Handweights	2 x 1.5lb	MHW4	£17.10
8	Aerobic weights	Mini Handweights	2 x 2lb	MHW5	£19.00
8	Aerobic weights	Ankle/wrist weights	.5kg	KF745	£12.90
8	Aerobic weights	Ankle/wrist weights	1kg	KF746	£16.90
8	Aerobic Trampettes	Aerobic Trampettes		TRAMP	£97.60
9	Rubberised hexagonal dumbbells	Dumbbells	2 X 2kg	WLO503012	£26.80
9	Rubberised hexagonal dumbbells	Dumbbells	2 X 3KG	WLO503013	£35.70

JULY 1st 2010

AEROBICS & FITNESS

Page No	Sub Category	Product Title	Size/Colour	Product Code	Price (Ex VAT)
9	Rubberised hexagonal dumbbells	Dumbells	2 X 4kg	WL0503014	£41.70
9	Rubberised hexagonal dumbbells	Dumbells	2 X 5kg	WL0503015	£47.70
9	Rubberised hexagonal dumbbells	Dumbells	2 X 6kg	WL0503016	£57.00
9	Rubberised hexagonal dumbbells	Dumbells	2 X 7kg	WL0503017	£65.60
9	Rubberised hexagonal dumbbells	Dumbells	2 X 8KG	WL0503018	£74.40
9	Rubberised hexagonal dumbbells	Dumbells	2 X 9KG	WL0503019	£83.40
9	Rubberised hexagonal dumbbells	Dumbells	2 X 10kg	WL0503010	£92.20
9	Rubberised hexagonal dumbbells	Dumbells	2 X 12.5kg	WL05030112	£116.10
9	Rubberised hexagonal dumbbells	Dumbells	2 X 15kg	WL05030015	£139.80
9	Rubberised hexagonal dumbbells	Dumbells	2 X 17.5kg	WL05030117	£163.60
9	Rubberised hexagonal dumbbells	Dumbells	2 X 20kg	WL05030120	£187.40
9	Rubberised hexagonal dumbbells	Dumbells	2 X 22.5kg	WL05030122	£211.20
9	Rubberised hexagonal dumbbells	Dumbells	2 X 25kg	WL05030125	£238.40
9	Rubberised hexagonal dumbbells	Dumbell Kit	2x2.5lb 2x5lb 2x10lb	Y1258	£35.20
9	Aerobic / yoga mats	Aerobic/yoga mats	small (980x500x10mm)	SSB10	£9.10
9	Aerobic / yoga mats	Aerobic/yoga mats	Medium (1500x500x10mm)	SMB10	£15.70
9	Aerobic / yoga mats	Aerobic/yoga mats	Large (1950x500x10mm)	SLV10	£19.00
9	Exercise bands	Dynaband	Green for beginners	KF028	£9.50
9	Exercise bands	Dynaband	Purple for intermediate	KF035	£9.50
9	Exercise bands	Dynaband	Grey for athletic users	KF042	£9.50
9	Exercise bands	Bulk exercise band	Light	WSEX141	£22.70
9	Exercise bands	Bulk exercise band	Medium	WSEX142	£25.70
9	Exercise bands	Bulk exercise band	Heavy	WSEX143	£30.20
9	Resistance tubes	Resistance tubes	Beginners	XTB	£8.10
9	Resistance tubes	Resistance tubes	Intermediate	XTI	£9.10
9	Resistance tubes	Resistance tubes	Advanced	XTA	£10.00
9	Resistance tubes	Resistance tubes	Advanced plus	XTAP	£11.90
9	Resistance tubes	Step Tubes	Beginners	STB	£9.50
9	Resistance tubes	Step Tubes	Intermediate	STI	£9.50
9	Resistance tubes	Step Tubes	Advanced	STA	£10.20

JULY 1st 2010

AEROBICS & FITNESS

Page No	Sub Category	Product Title	Size/Colour	Product Code	Price (Ex VAT)
9	Resistance tubes	Step Tubes	Advanced plus	STAP	£11.30
10	Fitness Monitors	Blood pressure meters	automatic digital sphygmometer	L605	£61.80
10	Fitness Monitors	Blood pressure meters	Palm aneroid sphygmometer	LB535	£66.50
10	Fitness Monitors	Flexibility Testing	Metal sit and reach box	LSFM1	£124.00
10	Fitness Monitors	Flexibility Testing	Goniometer, transparent 360 scale	LBLP12	£28.50
10	Fitness Monitors	Lung capacity	Mini peak flow meter	LM3410	£18.10
10	Fitness Monitors	Lung capacity	Disposable mouth pieces (100)	LM2008	£6.90
10	Fitness Monitors	Measuring	0-200cm	LJP60	£29.80
10	Fitness Monitors	Measuring	0-150cm	LCR01	£7.40
10	Fitness Monitors	Measuring	60-200cm	S220	£131.10
10	Fitness Monitors	skinfold calipers	0-85mm	LSG	£32.30
10	Fitness Monitors	skinfold calipers	0-55mm.Graduation 0.2mm	LHSC	£389.20
10	Fitness Monitors	Weighing Scales	Heavy duty floor scales	S761	£130.00
10	Fitness Monitors	Weighing Scales	Floor scales metric	S876	£337.30
10	Fitness Monitors	Weighing Scales	Heavy duty	S710	£552.90
10	Fitness Monitors	Silicon Spray		SIL	£9.50
10	Fitness Monitors	Strenght test	Hand grip dynamometer (analog)	L5001	£242.30
10	Fitness Monitors	Strenght test	Hand grip dynamometer (digital)	L5401	£379.10
10	Fitness Monitors	Strenght test	Back/leg dynamometer	L5002	£436.10
10	Fitness Monitors	Strenght test	Sergeant jump board, wall-mounted	LELP1	£255.60
10	Fitness Monitors	Strenght test	Power bounce mat	SBM65	£47.50
10	Fitness Monitors	Multi-stage fitness test	Beep shuttle - cassette/manual	MFT	£20.00
10	Fitness Monitors	Multi-stage fitness test	Beep shuttle - CD ROM	MFTCD	£28.50
10	Fitness Monitors	Abdominal curl test	Cassette/manual	ACT	£20.00
10	Fitness Monitors	Abdominal curl test	CD ROM	ACTCD	£28.50
10	Fitness Monitors	Tanita body fat monitors		TBF626	£145.40
10	Fitness Monitors	Tanita body fat monitors		TBF014	£56.60
10	Fitness Monitors	Heart rate monitors - cardio sport	Go	CSZW20	£29.20
10	Fitness Monitors	Heart rate monitors - cardio sport	Fusion 10 digital	CSZW50	£38.80
10	Fitness Monitors	Heart rate monitors - cardio sport	GT1 digital	CSZW57	£48.60



CATALOGUE PRICE LIST



JULY 1st 2010

AEROBICS & FITNESS

Page No	Sub Category	Product Title	Size/Colour	Product Code	Price (Ex VAT)
10	Fitness Monitors	Heart rate monitors - cardio sport	GT3 digital	CSZW59	£87.40